

Entradas Appetizers

Ceviche de corvina White Fish ceviche with fresh lemon juice.	8.50
Coctel de camarones Shrimp cocktail.	9.00
Surtidos de chicharones, carimañolas, chorizo, queso marinado. Fried Panamenian appetizer.	12.50
Croquetas de bacalao (3) - Salsa Verde Cod Fish croquettes.	6.50
Croquetas de yuca (3) - salsa verde Yucca croquettes.	4.00
Empanadas de maiz con tasajo (3) Corn Flour beef empanada.	5.00
Arañitas de calamares Fried calamari.	7.50
Patacones con ropa vieja (5) Plantains topped with Shredded Beef Loin.	8.50
Sancocho Panameño Traditional chicken country soup.	5.50
Patacones al ajillo Plantains topped with garlic sauce.	4.00

Sirviendo desde el 1982

Ensaladas Salads

De Queso azul, cranberry y almendras Almonds, cranberry and blue chesse salad	9.50
Ensalada jardinera balsámica Gardener's salad	6.50
Ensalada César Caesar salad	6.50
Ensalada César pollo Caesar salad with grilled Chicken	9.00
Ensalada verde con pollo - 350 calorías Green salad with chicken	8.50

Emperadados Sandwiches

Emparedado de pollo con yuquitas fritas Chicken or beef sandwich with fried yucca	6.50
Emparedado de pernil con yuquitas fritas Ham sandwich with fried yucca	8.50
Hamburguesa Tinajas Tinajas burger	12.00

Platos Típicos Panameños

Typical Panamenian Dishes

Plato tipico especial Panamenian typical dish	15.00	Arroz con pollo Rice wich chicken	9.00
Pastel de yuca Yucca pie with chicken	10.00	Tamal de olla Corn "Tamal" with Chicken	9.00
Guacho de mariscos Fresh Seafood in a delicious stew with rice	15.00	Tamal de olla con mariscos Corn "Tamal" with Seafood	15.00

Mariscos

Seafood

Filete de corvina (Receta del Chef) Corvina fillet chef recipe	18.50
Filete de corvina al ajillo Corvina fillet in Garlic sauce	18.50
Corvina al vapor con Vegetales Casserole corvina with steamed vegetables	16.00
Filete de corvina Tinajas con Langostinos Corvina fillet in shrimp and garlic	22.00
Filete de corvina a la plancha - 410 calorías Grilled Corvina Fillet	16.50
Pulpo al carbón con limón Grilled octopus with lemon	18.50
Langostinos con piña Fresh jumbo shrimp spiced with curry sauce served with pineapple	20.00
Langostinos al ajillo o con salsa de coco Jumbo Shrimps in garlic sauce or with coconut sauce	20.00
Pargo entero caribeño frito Red whole fried snapper caribbean style	14.00
Salmon al carbón en salsa de mantequilla Grilled Salmon fillet in butter sauce	16.50

Menú de Niños

Kids menu

Deditos de pollo Chicken Fingers	7.50
Deditos de pescado Fish Sticks	7.50

Las Carnes

Beef

Lomo de cerdo con ciruela Pork loin with plum sauce	15.00
Ropa vieja Shredded beef Loin	12.00
Milanesa de filete de res Breaded beef Steak	18.00
Filete de mignon Fillet tenderloin	20.00
Filete res al carbón con chimichurri Grilled steak with chimichurri	18.00
Entraña al carbón con chimichurri 10oz Grilled skirt steak with chimichurri	25.00
Filete de pollo al carbón Grilled chicken	12.00
Filete encebollado Steak fillet served with onions sauce	18.50

Acompañamientos

Sides

Papas fritas o yucas fritas French fries	2.00
Patacones Plantains	2.75
Vegetales salteados Vegetables	1.50
Arroz con frijolitos Rice with beans	1.50